

SHEPPEY MATTERS

A GROUP WORKING FOR BETTER HEALTH

OUR FRESH, NEW AND EXCITING BROCHURE

Full of Day Trips, Activities, Events and Information.

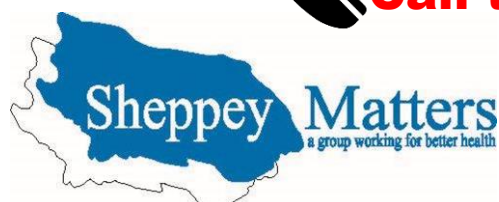
May-September 2018



*Get involved, join in
and make a difference.*



Call the office on 01795 585335 to book.



www.sheppeymatters.org.uk



Hi everyone,

Sheppey Matters and Sheppey Wheels are pleased to present our fresh exciting new look day trip and what's On brochure. It has some traditional trips in as well as new and exciting places for you to explore.

We have a lovely new minibus that will transport you in style. Our trips allow you four hours at destination and collect relatively close to your home. Take a look at some of our special trips – we have introduced some walks around the Kent countryside for those of you that are looking to improve your health and wellbeing.

As always our trips book up quickly, so be sure to have a good browse at all we have on offer and be ready to book when lines open on **17th April at 10am**. Please call our dedicated booking lines on **01795 585335**.

My Top Tip: Saltwood Castle only opens its gates twice a year. It has magnificent views of a medieval castle, secret garden and much, much more.

This February we held our biggest ever Coffee Morning and welcomed many new faces as well as our loyal regulars. It was great to see such a large amount of people interested in the work that we do. This is actually the most rewarding part of my job as I get to see just how much the service has meant to you and how it has made a positive impact on your health and wellbeing.

The Isle of Sheppey is renowned for poor transport links especially at the eastern end of the Island. We felt that we needed to do some work here to help eastern residents most in need of transport. We started a monthly shopping trip to Maidstone which customers were delighted with.

Lots of work goes into this new **FREE** brochure you are holding in your hands and this year we have decided to make it even better! It was clear to us at the coffee morning that many customers were not aware of the other amazing projects and services we run, so we have included those too.

Thanks for all your support and encouragement.

Rebecca Gebbie

Sheppey Matters Manager & Community Transport Coordinator Sheppey Wheels



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Our team of friendly staff are available to take your calls or emails and answer your queries. Our office opening times are Monday-Friday 10am-3pm.



wheels
sheppey

Happy Birthdays



Our Community Transport Project "Sheppey Wheels" is 10 years old this year.

It's been an incredible journey and has gone from strength to strength as each year has passed.

We have helped so many community groups and residents of the Isle of Sheppey.

Join in with our celebrations on Friday 10th August 2018 on the area in front of the Sheerness swimming pool from 12pm-3pm



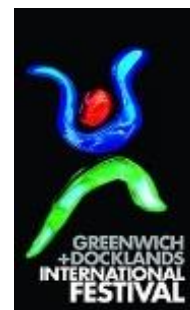


Thursday 3rd	Emmetts Garden - An Edwardian Estate near Sevenoaks with a hillside garden for all seasons with exotic shrubs and a formal rose garden.	£15
Saturday 5th	Sweeps Festival Rochester - Expect lots of music, merrymaking and Morris dancing in this celebration of the coming of spring.	£7.50
Monday 7th	Hever Castle May Day festival - to welcome in spring in award-winning gardens set in 125 acres of glorious grounds.	£16.50
Monday 14th	Hempstead Valley Shopping - Shop undercover in a nice relaxed environment with newly added shops and eateries.	£5.50
Tuesday 15th	National Garden Scheme open day at Scotney Castle - Spend the day exploring The National Trust's 14 th century moated Castle's garden.	£14
Thursday 17th	Greenwich Market - Discover London's only historic market set within a world heritage site.	£14.50
Saturday 19th	1940's Weekend at Kent & East Sussex Railway - Take a step back in time with a visit to the annual 1940's weekend in Tenterden.	£12
Sunday 20th	NGS open day at The Orangery, Canterbury - Take in the magnificent extensive herbaceous border and impressive ancient wisteria, water features and an intriguing collection of modern sculpture. (Afternoon trip)	£10.50
Tuesday 22nd	Secret Gardens of Sandwich – Encircled by the old stone walls is an oasis of serenity waiting to be explored.	£12
Saturday 26th	Kent Garden Show at Detling – This show will feature over 300 exhibitors with a wide variety of goods on display and for sale.	£7
Sunday 27th	Upnor Castle – Take part in the family activity Dutch raiders trail around the Castle looking for clues to find out what happened at Upnor Castle during the battle of Medway.	£7.50
Tuesday 29th	Kew Gardens – Explore some of the largest and most diverse botanical collections in the world.	£18





JUNE 2018



Saturday 2nd	Rochester Dickens festival – A Weekend of colourful celebration, costumed parades, street acts, entertainment and Dickensian discovery.	£7.50
Sunday 3rd	Brick Lane Market – Houses a vibrant market where up and coming designers set up shop every Sunday. There are also vintage clothing stores and chic boutiques dotted around the area.	£17.50
Wednesday 6th	Polesden Lacey – Explore the National Trust's Edwardian retreat located in Dorking, Surrey.	£16
Saturday 9th	Wealden Times Midsummer Fair – Set in the stunning grounds of Hole Park Estate near Tenterden. Showcasing hand-picked exhibitors selling contemporary and vintage home wares, garden accessories, fashion, jewellery and artisan food and drink.	£12
Sunday 10th	National Garden Scheme open day at Boughton Monchelsea Place - This 150 Year old estate has spectacular views over its own deer park, intimate walled gardens, a courtyard herb garden, and herbaceous borders. (Afternoon trip)	£8.50
Tuesday 12th	Hastings 1066 Abbey Battlefield. – For a memorable day out in Sussex, you can discover more about the most famous date in history.	£16
Friday 15th	Dobbies & Hempstead Valley – Visit one of the largest garden centre retailers, then on to Hempstead Valley to shop, dine or just browse.	£5.50
Saturday 16th	Broadstairs Dickens Festival - A colourful celebration, costumed parades, street acts and a fair.	£15
Tuesday 19th	Canterbury Cathedral & Shopping - Heritage, history, culture, entertainment and shopping! Canterbury has it all.	£10.50
Saturday 23rd	Greenwich & Docklands International Festival – This festival is an annual nine-day celebration of extraordinary free outdoor events including an outdoor theatre, dance and street arts.	£14.50
Tuesday 26th	Hever in Bloom at Hever Castle – Explore the award winning gardens at the height of their summer beauty with one of the finest displays of rose and summer blooms being showcased at this event.	£16.50
Saturday 30th	Harty Flower Festival - There will be beautiful displays of flowers in the church, Scottish dancers, live music, activities for children, cream teas and much more!	£4





Monday 2nd	Charlton House – Built in the reign of James I, Charlton House is the finest and best preserved Jacobean mansion in London.	£14.50
Thursday 5th	RHS Hampton Court Palace Flower Show – Gorgeous gardens with fabulous florals all in an unforgettable setting.	£16.50
Monday 9th	RHS Wisley Gardens – Enjoy a day at this world class garden that stretches over 240 acres of the English county of Surrey.	£17
Wednesday 11th	Romford Market - Enjoy a great day shopping with over 150 stalls, set in a high street location with the sights and smells of a traditional, vibrant market.	£16
Saturday 14th	Faversham Nautical Festival – Boats and Creekside fun. A chance to see inside historic vessels. There will be various stalls where local artists will show and sell their craft as well as live music and much more.	£6.50
Sunday 15th	Hastings Pirate Day – Join in the wide range of pirate themed activities and attractions at this popular annual event.	£16
Tuesday 17th	Bodiam Castle & Merriments Gardens – Bodiam Castle is a 14 th Century moated castle that is one of Britain's most picturesque ancient monuments. Merriments Gardens has a long season of colour with many unusual plants of which they sell in their on-site nursery.	£13.50
Saturday 21st	Whitstable Oyster Festival – Join in the summertime celebrations that date back to the Norman Times to celebrate the town's links to the oyster industry.	£10.50
Wednesday 25th	Chiswick House & Gardens – This Roman-style Palladian Villa is a glorious example of 18 th century British architecture and makes a fascinating day out.	£18.50
Saturday 28th	New Romney Country Fayre – A day of fun and entertainment with a huge colourful parade and over 150 stalls ranging from local charities to produce, crafts, jewellery, gifts and local products.	£15.50
Tuesday 31st	Hempstead Valley Shopping - Shop undercover in a nice relaxed environment with newly added shops and eateries.	£5.50



AUGUST 2018



Friday 3rd	Godinton House Sculpture in the gardens – Godinton’s annual exhibition of Contemporary Art. (Afternoon trip)	£12
Sunday 5th	Dagenham Market - This market has a reputation as a fashion market, with over 600 stalls you will be spoilt for choice.	£14.50
Saturday 11th	Broadstairs Folk Week - You can find folk week by the beach in the Pavilion on the Sand or sailing club, along the promenade at the bandstand and over looking the beautiful Viking bay.	£15
Monday 13th	Royal Tunbridge Wells – Royal Victoria Place boasts more than 90 top name stores and has a great range of places to eat and relax.	£12.50
Wednesday 15th	Folkestone – In the regenerated streets you’ll discover art, studios, quirky stores and chic eateries.	£15
Friday 17th	Rare Breeds Centre Ashford – A perfect day out in the beautiful unspoilt countryside where you can have encounters with farm animals, pet animals, creepy crawlies, birds of prey and much more.	£12
Monday 20th	Lakeside Shopping – This retail park offers the best homewares, fabulous fashion and family stores and a selection of great eateries.	£12.50
Friday 24th	Ramsgate – A place to visit for culture, heritage entertainment, food, architecture, and views. Ramsgate also has one of the largest marinas on the south coast.	£15.50
Sunday 26th	Sandwich Festival – An extravaganza of free entertainment in the town centre and the quay green.	£12



Godinton House



SEPTEMBER 2018

Saturday 1st	Faversham Hop Festival – A special celebration of the hop industry, a fun packed weekend for all the family with entertainment and music for all ages, shopping and food.	£6.50
Sunday 2nd	National Garden Scheme open day at Goodnestone Park Gardens – (Afternoon trip) A peaceful and romantic garden with connections to Jane Austin.	£15.50
Wednesday 5th	Bluewater shopping – You will find all the stores you love and there is much to explore with over 50 places to eat and a showcase cinema.	£10.50
Saturday 15th	Salute to the 40's at Chatham Dockyard – Be part of one of Britain's best vintage festivals.	£7.50
Sunday 16th	Saltwood Castle Gardens, Hythe Open day – The grounds of this castle are not usually open to public so this is a rare chance to see the romantic medieval castle. There is a moat, battlements, a secret garden and peacocks.	£15
Friday 21st	Whitstable & Herne Bay – Whitstable is a place to go if you like quirky independent shops, galleries, oysters and the seaside. Then off to Herne Bay to stroll through the charming streets, stop off for candy floss and have a go on the penny arcades.	£12
Monday 24th	London Museums – Enjoy the best of London's culture for free from fascinating exhibits of the natural world to beautiful galleries and interactive science displays.	£16
Saturday 29th	Broadstairs Food Festival – You can expect over 100 stalls offering fresh local produce from in and around Kent for you to feast on.	£15





Back by popular demand!
Coastal Cream Tea & Tours

Thursday 28th June



Coastal Cream Tea - A tour of the idyllic Isle of Sheppey touching on tourism, shops in the High Street, the light railway, agriculture, The original main road (at Eastchurch and the ferry crossing) Westminster Village and much more stopping off at the Waterfront Café at the HLC for Cream Tea with a 1940s feel. **(Price includes cream tea) £8.50**

Friday 6th July

Coastal Cream Tea - A tour of the idyllic Isle of Sheppey with Memories of the Sunshine Island during the 1950s and early 1960s stopping off at the Waterfront Café at the HLC for Cream Tea with a 1940s feel. **(Price includes cream tea) £8.50**



Eastern Shopper Trips

Pickups

9am @ Rose and Crown, Leysdown

9.10am @ Oasis Stores, Warden Bay

9.20am @ Eastchurch War Memorial



£7.00 per seat on the 2nd FRIDAY OF EVERY MONTH

This is a service provided for residents living in the eastern end of the island. We will take you to Maidstone once a month from the above collection points.

Pre book and pay only. Call 01795 585335 for more details.





Coffee Morning

These mornings have been so successful offering a chance to meet the team. Join us over coffee and cake to find out about the latest trips on offer plus information about all of the other Sheppey Matters services.

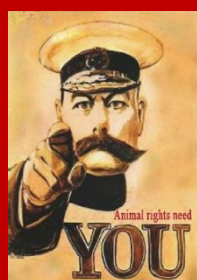


MEET THE TEAM

When: **Friday 7th September 2018**

Where: **Abbey Room @ The Healthy Living Centre
Sheerness**

Time: **10.00 – 11.30 am**



Swale Remembers 100 years of World War One.

Help us raise funds for the Royal British Legion by knitting or crocheting a poppy for this year's poppy display at the Sheppey Gateway. Help us get to **10,000** poppies.

Get your FREE pattern and wool from Sheppey Matters.



KEEPING IN TOUCH WITH US



Take a look at our Facebook page where we advertise exclusive trips and offers.



Drop us a message on: office@sheppeymatters.org.uk

Keep up to date with all that we have going on.



How to book and terms and conditions

www.sheppeymatters.org.uk

(01795) 585335/583547

Monday - Friday (9 – 3)

Email: office@sheppeymatters.org.uk

To book on the day trips you must fill in a registration form, which contains terms and conditions of Sheppey Wheels.

- All activities are subject to change/cancellation with minimum notice.
- Each trip has a set minimum number of places that must be booked and paid for to run, if this level is not reached the trip may be cancelled.
- All day trips must be paid for two weeks before they run, otherwise the place will be lost.
- If your trip is cancelled by Sheppey Matters, for any reason, you will receive a full refund.
- Should you wish to cancel your place on a trip, you must give at least 7 days' notice to obtain a refund.
- If you do not give the required notice or if you do not turn up to your trip, no refund will be given.
- We reserve the right to remove anyone from their trip if they are under the influence of alcohol or drugs. We also reserve the right to remove anyone from their trip if they demonstrate threatening or abusive behaviour.
- All our minibuses operate strict no smoking policies.
- Pickups for day trips start at 9am, the minibus will leave destination after at least 4 hours, unless stated otherwise.
- Day trip prices are per person and price only **includes travel – unless otherwise stated**. Entrance fees and refreshments are payable by passenger.
- Child prices are from birth to the age of 17 and are half the price advertised for that trip.
- Any child travelling with Sheppey Matters must have a suitable car seat provided by the person booking/travelling. Seatbelts and child restraints must be used in accordance with the law at all times. If transporting children, we are not legally required to provide child seats and they are not generally suitable for the narrow seats in minibuses. They should only be used if they fit safely and securely. Booster cushions are usually suitable and will substantially reduce the risk of injury to young children. The law states that children aged 3 years plus must wear adult seat belts – all of which are fitted as standard on our minibuses.

If you wish to receive more information via email, helping us to save paper, then please email us directly.

All cheques should be made payable to 'Sheppey Matters'.

Sheppey Matters,
Sheppey Healthy Living Centre,
Off the Broadway,
Sheerness,
Kent,
ME12 1HH.



“What’s On” at the

Monday	Tuesday	Wednesday	
<p>The Abbey Room: One You Weight Management Group 10am-12noon</p> <p>-----</p> <p>Keepsake Cards 12pm-3pm £2.50</p> <p>-----</p> <p>The Brabazon Room: Swale Your Way drop in 10am-12.30pm</p>  <p>-----</p> <p>The Kingsferry 2: Carers Support drop in 1pm-5pm</p>  <p>Sessions are FREE unless otherwise stated.</p>	<p>The Abbey Room: Weight Watchers 9.30am-11.30am (charges apply)</p>  <p>-----</p> <p>Knit Witz 11.30am-1.45pm £1</p> <p>-----</p> <p>Eastchurch Art Group 2pm-4.30pm £5</p> <p>-----</p> <p>Deaf Club 6.30pm – 8.30pm (1st Tuesday of every month)</p> <p>-----</p> <p>The Kingsferry 2: Insight 9.30am-12noon</p>	<p>The Abbey Room: Art Deco 12pm-3pm (£2.50)</p> <p>-----</p> <p>Young Persons' NHS Sexual Health Services 3pm-5pm</p> <p>-----</p> <p>Stop Smoking Support 5.30pm-7pm</p> 	

Eastchurch Community Hub and “HOUSE”

Warden Road, Eastchurch

Monday	Available for hire.	Call 01795 585335
Tuesday	<p>One You Advisor 9-3pm</p> <p>“HOUSE” Afterschool Club 3.15-5pm</p>	<p>Call 0300 123 1220</p> <p>Ages 8-12years</p>
Wednesday	<p>Community Hub</p> <p>IT training 10-12 weekly</p> <p>Book club/sewing club 12-2pm every other week.</p>	<p>Open to all ages and abilities, drop in for a chat and a cuppa, for information about local groups and activities.</p>
Thursday	<p>One You Advisor 12.30-2-30pm</p> <p>HOUSE afterschool club 3.15-5pm</p> <p>HOUSE youth club 5-7pm</p>	<p>Call 0300 123 1220</p> <p>Ages 8-12 years</p> <p>Ages 12-19 years</p>
Fri/Sat/Sun	Available for hire	Call 01795 585335



Sheppey Healthy Living Centre?

	Thursday	Friday	Friday
	<p>Sports Hall: Move n Groove 10am-12 £2.00 Includes a free swim</p> <p>-----</p> <p>The Abbey Room: Swale Fibromyalgia Support Group 12.30pm-2.30pm (Bimonthly)</p> <p>-----</p> <p>Weight Watchers 6pm-7pm 7.30pm-8.30pm (charges apply)</p> <p>-----</p> <p>The Café: Swale User Representative Forum (SURF) 2pm-4pm (2nd Thurs of month)</p> <p>-----</p> <p>The Brabazon Room: Thinkaction 12-8pm </p>	<p>The Pioneer Room: Additional Needs Clubs Ages 8-12, 4.30pm-6pm £1 donation Ages 13-25, 6.15pm-8pm £1 donation</p> <p>-----</p> <p>The Abbey Room: ADHD Family Support Group 3.30pm-5pm Term time only</p> <p>Support Group for Adults with ADHD 6pm-8pm Monthly, term time only</p> <p>-----</p> <p>The Café: Swale Your Way Wellbeing Café 6pm-8pm</p> <p></p>	<p>The Abbey Room: Boogie Tots 11.30am-12.30pm £4 per family</p> <p>-----</p> <p>The Pioneer Room:  One You Advisor (call 0300 123 1220 for appointments)</p> <hr/> <p>Saturday</p> <hr/> <p>The Abbey Room: Weight Watchers 9am-11am (charges apply)</p> <p>-----</p> <p>The Café: Swale Your Way Wellbeing Café 12.30pm-2.30pm (Every other Sat)</p>

Six Ways to Wellbeing

- Be active
- Keep learning
- Give
- Connect
- Take notice
- Care



(copyright SLaM)



Call Sheppey Matters for more information.

If you are interested in finding out more information, please contact Sheppey Matters. Brochure details correct at time of printing.

Expert
Patients
Programme

Kent Community Health 
NHS Foundation Trust

Living with a long-term condition?
We know just how you feel.



Managing your long-term condition doesn't have to be hard. The **Expert Patients Programme**, a free six-week course run by people like you, can help you to regain your independence, manage everyday situations and boost your mental and emotional wellbeing.

Email kcht.epp@nhs.net
Phone 0300 123 1220 / 07944 935 047



Healthy Living Centre

The Sheppey Healthy Living Centre aims to promote healthy lifestyle choices across the Isle of Sheppey, through our main centre in Sheerness and our outreach hub at Eastchurch.

We can provide information and signposting to facilities and services for families and individuals of all ages.

We work with many support groups and service providers and are available to give information on where to seek further help.

Please call our team on 01795 585335 or

email office@sheppeymatters.org.uk or check out our Facebook page.



Call 0300 123 1220 or pop into the Sheppey Healthy Living Centre to find out more about how you can self-refer to **ONE YOU**.

**WE'RE SUPPORTING
ONE YOU**

Search One You and take the free health quiz to see how you score.

BECAUSE THERE'S ONLY **ONE YOU**



Sheppey Lifestyle

Working together to enhance our community



The Sheppey Lifestyle team is headed by Sheppey Matters own Community Chef and BBC Food and Farming award winning Cook of the Year, Mike Spackman. The project welcomes everyone of all ages to join in with Sheppey Lifestyle's activities and events

across Sheppey. Use your own imagination and be creative! Grow your own vegetables and fruit! Cook what you grow! Enhance a healthy lifestyle! Pass on what you know to the next generation.



To join Mike or Jason in learning about cooking, Anita for those hands-on gardening tips or youth worker Lauren, then follow us on our Facebook page or contact the Sheppey Matters office for information on how you can get involved and join in.



This three year project is funded by the Big Lottery Fund and will work to improve health and wellbeing across the Isle of Sheppey.

For details of events and activities check out www.sheppeymatters.org.uk



Or check out our Facebook page – Sheppey Lifestyle



Or email sheppeylifestyle@sheppeymatters.org.uk



@sheppeylifestyle





Rural Youth and Special Needs:

We have a varied programme of clubs and activities for young people, children and families on the Isle of Sheppey.

We offer school and youth clubs for young people aged 8-25 and family activities across the Isle of Sheppey

ADHD Support Club (only one on the island)

Sheppey HLC Pioneer Room, Fridays 3.30-5.00pm,
Age open to all ages (Term time only).

Additional Needs Junior Club

Sheppey HLC Pioneer Room, Fridays 4.30-6pm,
Age - 8-12 years.

Additional Needs Senior Youth Club

Sheppey HLC Pioneer Room, Fridays 6.15-8pm,
Age - 13-25 years.

HOUSE After School Club: Eastchurch Village Hall, Tuesdays 3.15-5pm,
Age - 8-12 years.

HOUSE After School Club: Eastchurch Village Hall Thursdays 3.15-5.00pm,
Age - 8-12 years.

HOUSE Project: Eastchurch Village Hall Thursday 5.00-7.00pm,
Age - 12-19 years.



Sheppey Matters are proud to offer the nationally recognised Arts Award suite of qualifications to young people aged 8-25. Please contact the office for more information.



Our other Sheppey Matters Projects:

Sheppey 92.2 FM:



Sheppey 92.2 FM is a local community radio station broadcasting from the 'Sheppey Community Media Centre', based in the Heritage Pavilion in Sheerness.

We provide a local information / tourism hub, networking closely with our community and event organisers.

Our Media Training Suite delivers accredited qualifications to the local schools, colleges and interested individuals. Come and speak to us about volunteering or taking part in a radio

show. **www.sheppeyfm.org.uk**

Arts and Media:

Our **Healthy HeArts** project is designed to help you develop your creative skills through working with artists on a range of exciting community projects, such as the 2018 Poppy Display at the Sheppey Gateway and the Sheppey FM wildlife mural.

As an **Arts Award Centre** we continue to support Arts Award advisors and deliver arts award qualifications for young People aged 8-25. These valuable qualifications will help move you to where you want to be, applying for a job, in education, going to university or running your own creative business.

123, ADHD & Me:

It is a course of learning which involves the entire family.

The child/ren with ADHD learn about how it affects them and their family and friends. They are given strategies to help them cope and understand how to communicate effectively, without anger.

We research positive role models who also have ADHD. We start with an introduction to meditation and strategies to improve self-esteem - but most of all, we have fun in a formal, friendly atmosphere.

For any more information about our clubs or activities, please email or call the Sheppey Matters office.



SHEPPEY MATTERS

A GROUP WORKING FOR BETTER HEALTH

Sheppey Matters have been so busy over the last few months putting together information on all the services we provide and facilitate in and around the Healthy Living Centre.

We have so much to offer but many people do not know about us!

Would you like our team to come along and show you what services and projects we offer?

Book us to talk at your next group meeting...



If you are interested please call the office on 01795 585335 or

Email office@sheppeymatters.org.uk with the heading COME AND TALK TO US





Room hire:

Sheppey Matters acts as a hub for the local community. We have three fully accessible venues across the Isle of Sheppey with good local transport links to hire at very competitive rates for businesses and communities. Our flagship room has breath-taking views catering for up to 30 people. We can also offer smaller rooms for the more personal approach to bookings.

If you would like to view the facilities in any of our venues then a member of our team would be on hand to show you around. Our venues are situated in the Sheppey Healthy Living Centre and the Sheppey Community Media Centre both in Sheerness and the Community Hub in Eastchurch.

Contact the office to discuss your requirements either by phone, email or in person. **01795 585335** office@sheppeymatters.org.uk

Volunteer with us:

We offer a wide range of volunteering opportunities to suit all ages from those in education to those looking to keep active or pass on their skills. These opportunities can be at the Sheppey Matters office in Sheerness as well as across our other award-winning Sheppey Matters projects including Sheppey FM, Sheppey Lifestyle and our Rural Youth project. Look at our website or email the office for more information and an application form. Alternatively, you can drop by the Sheppey Healthy Living Centre and pop along to our offices on the first floor for a friendly chat with a member of the Sheppey Matters team.



Can you donate or support us?

At Sheppey Matters we always welcome donations or fundraising help that supports our work. We would be extremely grateful to receive your support - if you wish to donate to us there is a link on our website to our Paypal page. www.sheppeymatters.org.uk

Specifically, for Sheppey Wheels we would like to thank:

The Management, staff and patrons at The Coppice Pub in Eastchurch, who last year very kindly raised over £5,000 through their fundraising efforts, which helped us to purchase a mini bus to help disabled and disadvantaged young people get to school.

Some examples of our supporters are The Rotary Club of Minster on-Sea, Morrisons, the Clothworkers Trust, The Big Lottery, Department for Transport and other local funders and Councillors.





CONTACT US:

**Sheppey Matters
Sheppey Healthy Living Centre
Sheppey Leisure Complex
Off the Broadway
Sheerness
Kent
ME12 1HH**

www.sheppematters.org.uk

